



Stories from **THE TOWER** BOOK CLUB GUIDE

Welcome to the Stories from The Tower Book Club Guide.

Life at The Tower may be fictional, but the questions its residents face are deeply human: How do we heal after loss? Is it ever too late to change? What gives life meaning? How do we find connection, purpose, and hope in unexpected places?

Whether you are reading alone or discussing the book with others, these questions are designed to spark reflection, encourage meaningful conversations, and perhaps inspire you to look at your own story from a different perspective.

There are no right or wrong answers. Simply bring your curiosity, your experiences, and an open mind. Some of the richest conversations begin with a simple question: *What touched me most—and why?*

1. Matthew has his own definition of what retirement should be. Do you agree with his perspective?
2. The book presents strong multigenerational friendships. Do you think this kind of friendship is realistic? Do you think it can be beneficial?
3. Many people assume that aging automatically means becoming less useful, less creative, or less engaged. Which character challenged that assumption for you?
4. Which resident of The Tower did you connect with the most, and why?
5. Several characters discover a new purpose later in life. Do you believe purpose has an expiration date? Why or why not?
6. Many of the residents are dealing with different kinds of loss. Which character handled loss in a way that surprised you? Did you learn anything from it?
7. If you could spend an afternoon with one character from the book, who would it be?
8. Anja Madsen and Lucy Spinner both meet a new partner. Do you think these relationships will improve their lives? Do you think they will last?
9. Were there moments that made you laugh or moved you? Which ones?
10. Did any story change the way you think about older adults or retirement residences?
11. Which character experienced the greatest transformation?
12. Which story stayed with you the longest after you finished the book?
13. What message do you think the author most wanted readers to take away from the book?
14. If The Tower existed in your community, would you want to live there? Why or why not?
15. What stereotype about aging does this book challenge most effectively?
16. Which character would you trust with a personal secret? Why?
17. If you could add a fifth story to the collection, what kind of resident would you introduce?
18. After reading *Stories from the Tower*, what part of your own life feels ready for a new beginning?